

Uniform Standards

*Special Olympics Utah is establishing minimum uniform standards to increase the quality of programs offered to Special Olympics Utah athletes. As Special Olympics Utah is a sports organization, we train our athletes for competition and expect them to take their training seriously and yet we often fail to have our athletes dressed in the proper uniforms. From little league to professional sports, those participating are taught proper dress, provided proper uniforms and are expected to wear and care for their official uniforms. We have the same expectations for the athletes of Special Olympics Utah. Listed below are the uniform standards for each sport. Our long-term goal is to have each Special Olympics Utah athlete in attractive sports specific clothing. **The established minimum dress standards must be met for each sport in order for the athletes to compete at area and state games. Jeans are not permitted in any sport with the exception of equestrian.***

Teams are encouraged to have team warm-up jackets and pants.

Opening and Closing Ceremonies

All athletes and coaches participating in Opening and Closing Ceremonies must wear either a shirt from the attached Uniform Illustration and slacks or team warm-ups. . Entire uniforms must be clean and presentable. (Exception for Closing Ceremonies – athletes coming directly from competition.)

Snowball Classic

Bowling – athletes shall wear bowling shoes, collared shirts and slacks or dress shorts (jeans are not permitted).

Volleyball – Athletes shall wear appropriate volleyball team uniforms – see illustration for minimum standards. Team jerseys shall include the Special Olympics Utah and team logo.

The uniform shirt must have 4-inch numbers on the front and 6-inch numbers on the back. Gym type shoes shall be worn.

Winter Games

Alpine Skiing & Snowboarding- A helmet appropriate for alpine ski & snowboard racing is required!

Alpine skiing, snowboarding, cross-country skiing and snowshoeing - Athletes will not be allowed to compete without gloves, ski goggles or sunglasses and appropriate skiwear. (The outer shell should repel water and protect the athlete from the cold and wind). Jeans, cotton warm-ups, or t-shirts are not appropriate ski clothing! Athletes should be encouraged to wear a warm hat.

Summer Games

Athletics (track & field) – Athletes shall wear gym shorts or sweats and t-shirt or jersey including the Special Olympics Utah and team logo. Gym type shoes shall be worn. No jeans or street shoes are allowed. Numbered bibs will be provided and **must be worn on the front of the athlete's shirt.**

Softball, T-ball & Soccer - Athletes shall wear appropriate team uniforms – see illustration for minimum standards. Team jerseys shall include the Special Olympics Utah and team logo. The uniform shirt must have 4-inch numbers on the front and 6-inch numbers on the back. Gym type shoes or cleats (no metal cleats are allowed).

Motor Activity Training Program – Shirt will Special Olympics Utah and team logo. Presentable and comfortable. Jeans are not permitted.

Riders' cup

Equestrian - All riders must wear heeled boots. Riders who must wear other footwear as the result of a physical disability must have a physician's statement submitted with their Rider Profile. All riders must wear protective SEI-ASTM or BHS approved helmets with full chin harness which must be fastened at all times when the riders are working on or around horses. Athletes shall wear long pants and riding shirt or Oxford style long or short sleeved shirt.

Cycling - Cyclists shall be required to wear cycling helmets. Athletes shall wear gym or compression shorts and t-shirt with Special Olympics Utah and team logo. Sweatpants may be worn, but are not recommended due to potential of getting caught in the bicycle chain. Numbered bibs will be provided and **must be worn on the back of the athletes shirt/jersey.**

State Golf Tournament

Athletes must wear golf or gym type shoes, collared shirt and slacks or shorts. Jeans are not permitted.

Fall Sports Classic

Aquatics – Athletes shall wear swimsuits which are not transparent, even when wet. Female athletes must wear one-piece suits. Male athletes shall wear “brief”, “boxer” or “jammer” type swimwear. Deck shoes are encouraged.

Basketball – Athletes shall wear appropriate basketball team uniforms – see illustration for minimum standards. Team jerseys shall include the Special Olympics Utah and team logo. The uniform shirt must have 4-inch numbers on the front and 6-inch numbers on the back. Gym shoes must be worn.

Bocce – Athletes must wear collared shirts and slacks or shorts (no jeans). Gym shoes shall be worn. No spiked shoes allowed.